STOCK UP **& SAVE**

5 FOR $40

MIX & MATCH YOUR FAVORITE **HOUSEHOLD AND PANTRY** ESSENTIALS

HARMONS
NEIGHBORHOOD GROCER®

Wasatch Jerky
Variety 6 oz., $9.99 ea. before savings

Pepsi 24 Packs
Select 24 packs, $9.99 ea. before savings

Bai Drinks
Assorted 6 packs, $9.99 ea. before savings

Caboo Bath Tissue
Assorted 12 ct., $10.99 ea. before savings

Tide Pods
Assorted 21-43 ct., $12.99 ea. before savings

Takis
Assorted 9 ct., $10.99 ea. before savings

Liquid Death
Assorted 12 pack, 12.99 ea. before savings

Wyman's Frozen Fruit
Variety 3 lb., $10.99 ea. before savings

2 FOR $5
CHICKEN, BEEF, OR PORK CUTLETS
Assorted 6 oz.

2 FOR $3
IDAHO RED OR RUSSET POTATOES
5 lb. bags

15% OFF
HARMONS SPIRALIZED VEGGIES
Assorted

Walden Farms
Assorted, sugar-free syrups, dips, and spreads
2 for $7

Helpful Hens Organic Brown Eggs
1 dozen
$3.99 ea.

PRICES EFFECTIVE TUESDAY, JANUARY 11 *through* MONDAY, JANUARY 17, 2022

FARM FRESH PRODUCE

$1.38 LB.
MINNEOLA TANGELOS
Large

$1.48 LB.
BLOOD ORANGES

98¢ LB
PINEAPPLES
Large

2 FOR $4
ORGANIC RAINBOW BABY CARROTS
12 oz. bags

2 FOR $3
ORGANIC KALE GREENS
Large bunches

2 FOR $6
ORGANIC RED GRAPE TOMATOES
10.5 oz. cups

SPECIALTY FOOD

$9.99 LB.
MEDITERRANEAN OLIVE BAR
Great for snacking or adding to recipes

$11.50 LB.
OVENGOLD TURKEY
Boar's Head

$10.50 LB.
SMOKEMASTER BEECHWOOD BLACK FOREST HAM
Boar's Head

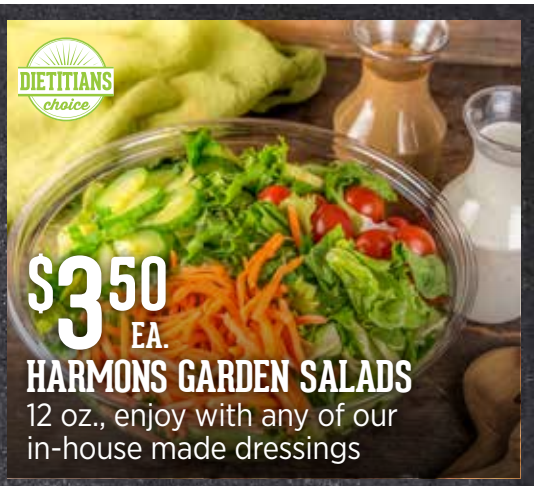
BAKERY

$4.50 EA.
HARMONS 7-GRAIN LOAVES
Artisan baker prepared, made with local and organic ingredients

$21 EA.
HARMONS FRUIT TARTS
Pastry chef prepared

$5 EA.
HARMONS CELEBRATION ICED COOKIES
8 ct.

KITCHEN



$3.50 EA.
HARMONS GARDEN SALADS
12 oz., enjoy with any of our in-house made dressings

$11 EA.
HARMONS CHIMICHURRI SALMON BOWLS
15 oz., grilled salmon topped with fresh chimichurri

10% OFF
BACON GOUDA
Melt over a baked potato

FRESH MEAT

$2.99 LB.
CENTER CUT PORK LOIN CHOPS
Boneless

$4.49 LB.
GROUND BEEF
80% lean

$2.59 LB.
BOSTON BUTT ROASTS
Pork shoulder

$4.99 LB.
CROSS RIB ROASTS
USDA Choice beef, boneless

$5.49 LB.
RUMP ROASTS
USDA Choice beef, boneless

$2.99 LB.
COUNTRY STYLE RIBS

MEAT DELI

Darigold Cheese Loaves
Assorted 24-32 oz.
$6.99 ea.

Harmons Thick Sliced Bacons
Assorted 20 oz.
$6.99 ea.

Follow Your Heart Vegan Cheese
Variety 7 oz.
2 for $7

Daisy Sour Cream
Variety 8 oz.
2 for $3

Siete Cashew Quesos
Assorted 10.8 oz.
$3.99 ea.

Primal Kitchen Vegan Mayo
Assorted 12 oz.
$6.99 ea.

DAIRY

Tillamook Yogurts
Assorted 6 oz.
69¢ ea.

Elmhurst Milk Alternatives
Assorted 32 oz.
2 for $7

Simply Orange Juices
Assorted 52 oz.
2 for $7

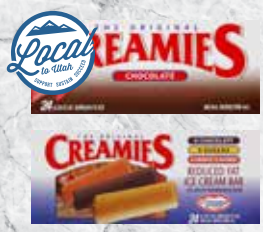
Milkadamia Creamers
Assorted 16 oz.
2 for $6

Doughp Cookie Doughs
Assorted 16 oz.
$7.99 ea.

Oakdell Cage-Free Medium White Eggs
2.5 dozen
$3.49 ea.

FROZEN FOOD

5 FOR $40



Creamies
Assorted 24 ct., $9.99 ea. before savings

FatBoy Ice Cream Sandwiches
Select 18 ct., $9.99 ea. before savings

Ajinmoto Chicken Fried Rice
Select 56 oz., $12.99 ea. before savings

Gusto Brazil Cheese Bread
Variety 2.2 lb, $9.99 ea. before savings

Tony's Pizzeria Style Pizzas
Assorted 18.6-20.6 oz.
2 for $5

Mikey's Pizza Pockets
Assorted 8 oz.
$4.99 ea.

Talenti Gelato
Variety 16 oz.
$3.99 ea.

Pitaya Smoothie Packs
Assorted 12-14 oz.
2 for $7

Michael Angelo's Entrées
Assorted 28-30 oz.
$6.99 ea.

Quest Frozen Pizzas
Assorted 11-13 oz.
$5.99 ea.

La Terra Fina Quiches
Assorted 23 oz.
$7.99 ea.

Stahlbush Island Farms Frozen Fruit
Variety 10 oz.
2 for $7

5 FOR $40 STOCK UP & SAVE

4th & Heart Ghees
Assorted 9 oz., $10.99 ea. before savings

Bulletproof Coffees
Assorted 10 ct.,12 oz., $11.99 ea. before savings

Kellogg's Rice Krispies Treats
40 ct., $11.99 ea. before savings

Coombs Family Farms Syrups
12 oz., $11.99 ea. before savings

Blue Diamond Almonds
Assorted 25 oz., $11.99 ea. before savings

Justin's Nut Butters
Assorted 16 oz., $10.49 ea. before savings

Kitu Coffees
Assorted 3.59-10 oz. or 4 packs, $10.99 ea. before savings

La Tourangelle Oils
Assorted 8.45-17 oz., $11.99 ea. before savings

Lakanto Monkfruit Sweeteners
Assorted 16-28.22 oz., $11.99 ea. before savings

Liquid I.V. Drink Mixes
Assorted 5.65 oz. or 8-10 ct., $12.99 ea. before savings

Velveeta Cheese
Variety 2 lb., $10.49 ea. before savings

Maranatha Almond Butters
Assorted 14.9 oz., $10.99 ea. before savings

Oregon Orchard Chocolate Hazelnuts
Assorted 12-16 oz., $11.99 ea. before savings

Primal Kitchen Avocado Oils
Assorted 16.9-25.36 oz., $11.99 ea. before savings

Jack Link's Jerkies
Assorted 8 oz., $11.99 ea. before savings

STOCK UP YOUR PANTRY

Nixie Sparkling Waters
Assorted 8 packs
2 for $7

Harmons Tortilla Chips
Assorted 11-16 oz.
2 for $4

ZonePerfect Bars
Assorted 5 ct.
2 for $7

Nocco Beverages
Assorted 12 oz.
3 for $5

NuSkool Bars
Assorted 1.34-1.38 oz.
2 for $3

Pop Art Popcorns
Assorted 4-5 oz.
2 for $5

DRINKS AND SNACKS

Built Bars
When you buy 2 assorted 1.87 oz., $2.49 ea. before savings
$1.99 ea.

Mission Tortilla Chips
Assorted 20 oz.
2 for $5

Chips Ahoy! Cookies
When you buy 2 assorted 7-13 oz., $2.99 ea. before savings
$2.49 ea.

Lemon Perfect Drinks
When you buy 2 assorted 12 oz., $1.49 ea. before savings
99¢ ea.

Yerbae Teas
Assorted 12 oz.
10 for $10

Spindrift Drinks
When you buy 2 assorted 8 packs, $5.99 ea. before savings
$4.99 ea.

HOME ESSENTIALS

Ecos Laundry Detergents
When you buy 5 assorted 100-170 oz. or 50 ct., $11.99 before savings

Tender & True Dry Cat Foods
When you buy 5 assorted 3 lb. bags, $9.99 ea. before savings

7th Generation Laundry Detergents
When you buy 5 assorted 95-100 oz., $12.99 ea. before savings

5 FOR $40

HEALTH AND BEAUTY

Bayer Aspirins
Assorted 100-120 ct., spend $15 save $5 with Foodie Club Card
$6.99 ea.

Alka Seltzer Plus
Assorted 20 ct., spend $15 save $5 with Foodie Club Card
$7.99 ea.

Afrin Nasal Sprays
Assorted 0.5 oz. or 15 ml., spend $15 save $5 with Foodie Club Card
$7.99 ea.

One A Day
Assorted 30-170 ct., spend $15 save $5 with Foodie Club Card
$16.99 ea.

Memorable Bouquet
$12 ea.

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For store hours and locations, visit our website at harmonsgrocery.com

Dietitians Choice applies only to certain varieties or flavors.

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We reserve the right to limit quantities and correct typographic or pictorial errors. Please, no sales to dealers. Not all items available at Harmons Emigration or Holladay Market. Prices good Tuesday 6:00 a.m. until Monday midnight.